Anger Management Resources

United Way of the Plains

A listing of anger management classes and support groups in Sedgwick County, Kansas

- Information is updated monthly.
- Only basic information is provided here. You will need to call the listed contact for more information regarding sliding fee scales, availability of child care, program content, etc.
- Information is compiled and provided by United Way of the Plains. Please note that the listing of a parenting class or other service does not constitute an endorsement by United Way of the Plains, 245 N. Water, Wichita, KS 67202.
- Be sure that the program meets your needs and be sure to enjoy the experience — you will be glad you invested the time.

Course Name	Class Location	# Sessions Cost	Start Dates Time	Contact Contact Phone
Assessments				
Anger Management Assessment	Correctional Counseling of KS 806 N Main			Shawna Mobley 262-3060
Anger Management Assessment	Word of Life Counseling Center 3811 N Meridian			Rose Matzek 650-9760
Adolescents				
Aggression Replacement Training (Court Approved)	Episcopal Social Services 1010 N Main	16 $75	Mon & Thurs 6-8 pm	Carolyn West 269-4160
Anger Control & Emotional Maturity	LaForge's - Winds of Change 112 N. Main El Dorado	4 $55 flat fee	Call to register	Karyn LaForge 312-8823
Anger Management for Teens (Court Approved)	Christian Counseling Center 333 S Greenwood	8 $30/session	By appt. only 4:00 - 5:00 pm	CJ Unruh 264-8800 ext. 203
Adults				
Anger Control & Emotional Maturity	LaForge's - Winds of Change 112 N. Main El Dorado	4 $55 flat fee	Call to register	Karyn LaForge 312-8823
Anger Management	Asbury Counseling Center 2801 W 15th St	8 $10/session	Tuesdays 5:30 - 7:30 pm	Dr. Parker 942-1491
Anger Management	Center for Health & Wellness 2707 E 21st St	8/13 $10 individual	Tuesdays 5:30 - 7:00 pm	Vernetta Hill 612-6890

5/1/2013

Course Name	Class Location	# Sessions Cost	Start Dates Time	Contact Contact Phone
Anger Management (court approved)	Correctional Counseling of Kansas 806 N. Main	8 $15/session	Call for Info	Shawna Mobley 262-3060
Anger Management Adults	Recovery Unlimited 3835 W Douglas	8-10 $10/session	Saturdays 10:00 - 12:00 pm	Staff 941-9948
Anger Management (Court Approved)	Resolutions Therapy 982 N Tyler Rd	8 sliding fee		Michael Hunter 721-8118
Anger Management & Domestic Violence/Anger Mgmt	Recovery Unlimited 3835 W Douglas	13/26 $20/session	Saturdays 9:30 - 11:30 am & 12 - 2 pm Wed 6:30-8:30pm	Staff 941-9948
Anger Management & Domestic Violence (Court Approved)	Preferred Family Healthcare 3540 W Douglas	1 $60 (cash only)	Saturdays 8:00 am - 2:00 pm	Staff 943-2051
Anger Management & Domestic Violence (Court Approved)	Preferred Family Healthcare 3540 W Douglas	8 to 26 $20/session	Wed 6 - 7:30 pm Sat 9-10:30 am	Staff 943-2051
Anger Management for Adults (Court Approved)	Christian Counseling Center 333 S Greenwood	8 $30/session	Mondays 5:30 - 6:30 pm	CJ Unruh 264-8800 ext. 203
Anger Management for Adults	Real Life Counseling 5900 E Central Ste 101	 $15/session	By appointment	Brandon 425-7774
Anger Mgmt & Domestic Violence (Court Approved)	Word of Life Counseling Center 3811 N Meridian	13 $15/week	Saturday 9:00 - 11:00 am	Rose Matzek 650-9760
Domestic Violence (court approved)	Correctional Counseling of Ks 806 N Main	13 $15/session	Call for info	Shawna Mobley 262-3060
Domestic Violence Awareness Program (call ahead to enroll)	Recovery Unlimited 3835 W Douglas	1 $50	3rd Sat of Month 10:00am - 5:00pm	Staff 941-9948
Living Without Violence (Court Approved)	Higher Ground's Program 247 N Market	13/26 weeks $30/session	Mondays 6:00 - 9:00 pm	Carol Gallegos 262-2060

Groups are in Spanish only and designed for the Hispanic culture

Support Groups

Co-Dependency Support Group	Word of Life Counseling Center 3811 N Meridian	Ongoing -0-	Wednesdays 7:00 - 8:30 pm	Jane 650-9760